



# Welcome Pack, Swiss Pole & Aerial Sports Championships 2023

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## Infos

The SPSF thanks you for your participation in the Swiss Pole & Aerial Sports Championships 2023.

If you haven't done so, subscribe to our Instagram page @swisspolesportsfederation

**Go to the link below to check the status of your documents  
and application to the championships**

If one of the boxes is :

- Red = Document or information is missing
- Orange = In treatment
- Green = Document or information validated

Link : [https://docs.google.com/spreadsheets/d/1rqzrIEJlBqTRWSecE\\_g12rJnR9UD-EsaKIYvYCARleo/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1rqzrIEJlBqTRWSecE_g12rJnR9UD-EsaKIYvYCARleo/edit?usp=sharing)



## Important summary

- ✓ If you do not have the **mandatory official SPSF jacket**, please place your order via the link below **before midnight on April 1, 2023**.  
Link : <https://forms.gle/VusNp1NhwGL96KUZ7>
- ✓ Link to the different forms according to your discipline.  
Link : <https://www.swisspolesportsfederation.com/championnats/competitions-2/code-des-points/>
- ✓ **IPSF paid control of the mandatory forms** for athletes in Pole and Aerial Sports. Deadline for control **before April 15, 2023 at midnight**.  
Link : <https://ipsfpolesports.wufoo.com/forms/m145axlp1ytknia/>
- ✓ **Optional costume check** by photographing your costume on yourself **before April 31, 2023 at midnight** at [info@spsf.ch](mailto:info@spsf.ch) by a member of the organizing committee.
- ✓ **April 30, 2023 midnight**, provide final version to [info@spsf.ch](mailto:info@spsf.ch)
  - the **mandatory elements** form and the **technical bonus** form for athletes in Pole Sports, Aerial Pole and Aerial Sports;
  - the **"Technical File"** form for Artistic Pole and Artistic Aerial athletes
  - your **music file in mp3 format**.

### WARNING, your files will not be accepted if they do not respect the points below:

- Forms must be in **Word (.doc or docx)** (PDF or photo refused)
- The **signature must NOT be handwritten** but also written in Word
- The language of the forms must be in English.
- The files must be correctly named, see example below:

→ Country\_Discipline\_Division\_Category\_Compulsory form\_First name\_Last name

Example : Switzerland\_Pole Sports\_Amateur\_Senior 30+ Women\_Compulsory Form\_Nadia\_Bolomet

○ Form (Pole and Aerial Sport)	→	COMPULSORY FORM
○ Bonus sheet (Pole and Aerial Sport)	→	BONUS FORM
○ Music	→	_MUSIC
○ Technical sheet (Artistic Pole and Artistic Aerial)	→	TECHNICAL SHEET

- ✓ The **region to be entered in the form** is here:  
Link : <http://www.polesports.org/federation-membership/ipsf-regions/>



## Locations of the championships

### Salle Omnisports de Lancy

Av. Louis-Bertrand 7,  
1213 Geneva

<https://goo.gl/maps/dDyGc85auTfnF9v3A>

### By public transport from Geneva Cornavin station:

- Petit-Lancy place stop, streetcar number 14 (2 minutes on foot)

### By car:

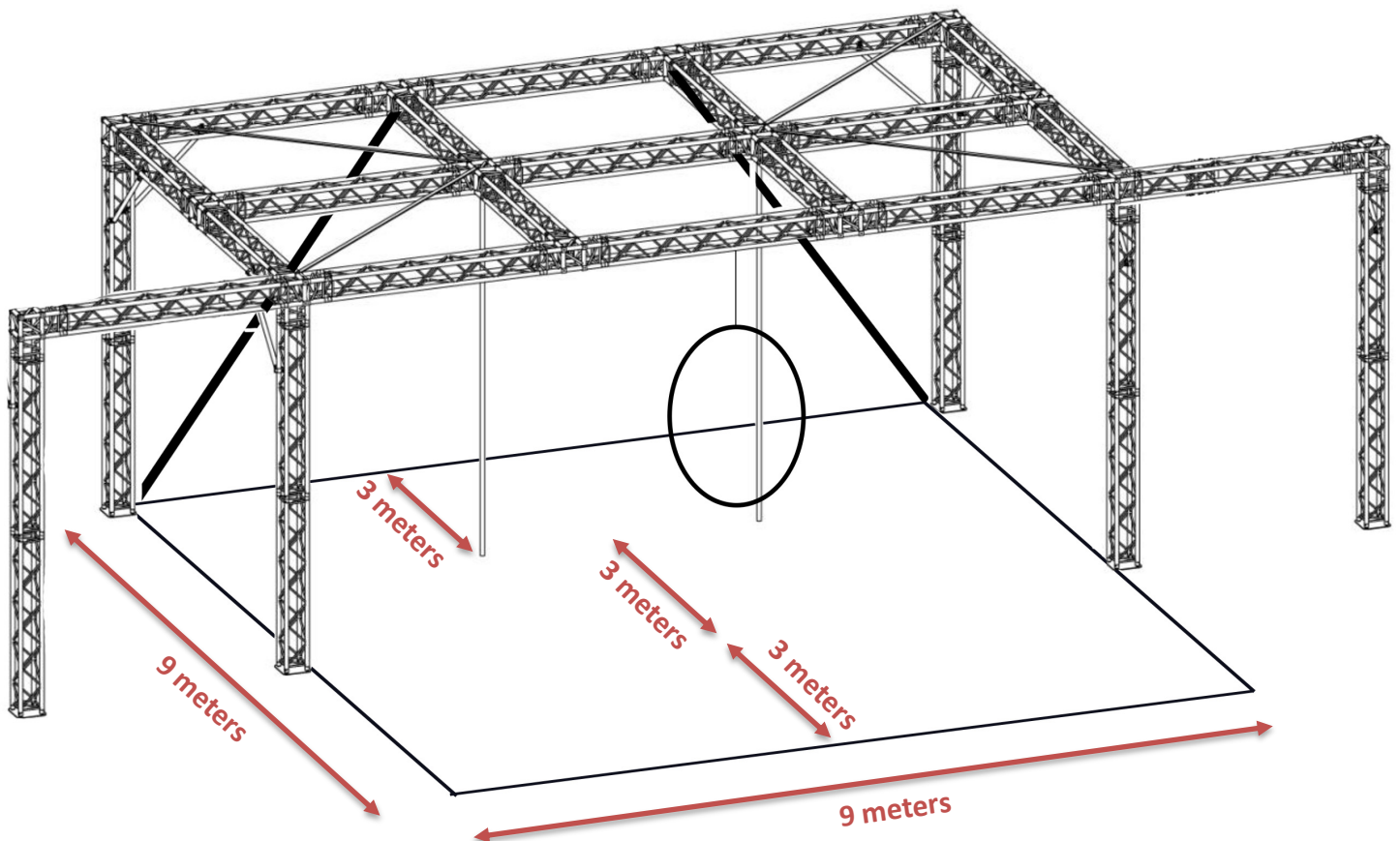
- Parking Louis Bertrand





## Scene

- ✓ The stage corresponds to the IPSF standards
- ✓ The surface of the stage is 9 meters long and 6 meters wide
- ✓ The bars are made of brass from the SUNPole brand. They have a height of 4 meters and a space of 3 meters between them
- ✓ The hoops are made of steel with black coating without tape. You can choose between 90cm, 95cm or 100cm (outside diameter).
- ATTENTION, since this year, there are only 3 different heights to choose from for the hoop between the ground and the lower part of the hoop (140cm, 170cm or 200cm).
- ✓ The aerial pole is from the brand THEPOLE. It is 3 meters long and is attached to the same place as the hoops on the structure. The covering is UltraGrip (rubber).
- ✓ There are 3 meters in front of and behind the poles, aerial pole or hoop (different from the 2022 edition)
- ✓ An additional carpet of 2x2 meters (4cm thick) is placed under the hoop
- ✓ In UltraPole, there is a large, seamless, 5cm thick mat under the bars







## Stage control, music and competition times

You will find the schedules of control of the stage, the music and the competitions, on the Internet page of the championships, as soon as they are validated by the chief judge.

## Official dress and costume

### Official dress during the 2023 championships

During the championships, all IPSF-certified athletes and coaches must wear the official uniform as soon as they enter the championship grounds.

All athletes and their coaches registered for the Swiss Championships must have tracksuits according to the following requirements:

- Have the official SPSF jacket for SWISS participants **and add the logo or name of the team (usually the studio or training school) with a maximum size of 10x10cm.** OPEN athletes must coordinate with other athletes from their country and wear the same tracksuit;
- Wear black training bottoms (leggings are not allowed);
- Wear their team/club/studio/etc. t-shirt or tank top. This must contain the team logo or name with a logo of maximum 10x10cm. A maximum of five sponsor logos may be worn on the t-shirt. The size of the logos must not exceed 10x10cm and must be smaller than the size of the team / club / school / studio logo. If you do not have a membership, you will wear a white t-shirt only.

Chaperones and coaches who are not IPSF certified are not allowed to wear the official uniform!

To order the official SPSF jacket, please indicate your size via the following link before April 1, 2023 midnight (<https://forms.gle/VusNp1NhwGL96KUZ7>)

### Costume

Please note that the choice of your costume must meet specific criteria. Please read carefully the relevant sections in the respective regulations, depending on your participation.

You have the possibility to have your costume validated for free by a national judge. To do so, please send us a picture of your costume before April 31, 2023 midnight to the e-mail address ([info@spsf.ch](mailto:info@spsf.ch)). Only a photo of the worn costume will be considered.

In the case of sending a sketch or written explanations about your costume, the organizers and/or judges will not be able to give you a formal answer, but only offer recommendations. In case of deduction or disqualification, the organizers and judges will have no responsibility in this decision during the weekend of the Swiss Championships 2023.

## Compulsory opening ceremonies and prize-giving

The first day of competition starts with an opening ceremony (parade of athletes with IPSF certified coaches). The ceremony is mandatory for all athletes participating in the competitions. An unjustified absence (in writing) will result in a penalty for the athlete concerned. Information about the ceremony will be given during the athletes' briefing on Saturday morning.

A prize-giving ceremony will take place each day if all athletes in the same division and category have performed.



## Mandatory elements form and technical bonuses in Pole Sports and Aerial Sports

Athletes participating in Pole Sports or Aerial Sports must return their Compulsory Form and Technical Bonus Form by midnight on April 30, 2023. If the deadline is not met, the athlete will be penalized (see Points Code).

- ✓ Forms must be filled in Word files (.doc or .docx)
- ✓ NO forms should be submitted in PDF format.
- ✓ The language of the forms must be in English.

The Chief Judge is offering athletes a fee-based check of their mandatory forms. Any athlete wishing to benefit from this check must return the completed forms before April 15, 2023 at midnight via the IPSF online form.

The inspection fee is charged by the IPSF (£5 per form):

Link : <https://ipsfpolesports.wufoo.com/forms/m145axlp1ytknia/>

## Music of the performances

Please send us your final music before April 30, 2023 midnight to the championships e-mail address ([info@spsf.ch](mailto:info@spsf.ch))

We remind you that only **instrumental** music is allowed in Pole Sports, Aerial Sports and Aerial Sports competitions unlike Artistic Pole and Artistic Aerial which do not have this restriction. Nevertheless, the music of Artistic Pole and Aerial also have rules to respect. We invite you to refer to the rules.

Please also comply with the regulatory time limits, depending on your category!

## Coaches and Chaperones

Please note that the Chaperone is not a coach, but an adult who accompanies an athlete under the age of 18. The Chaperone position is not subject to validation by examination, while the IPSF Certified Coach status is.

According to the official rules of the International Pole Sports Federation, only IPSF certified coaches or chaperones may accompany athletes in the athletes' areas during the national championships. **However, the Swiss Federation allows coaches to**  
**The organizers reserve the right to exclude any coach in case of inappropriate behavior or abuse. The organizers reserve the right to exclude any coach in case of inappropriate behavior or abuse.**

The same applies to signing the mandatory element forms and the technical bonus form. **Only IPSF certified coaches or Chaperones are authorized to sign the athletes' forms.** If a non-certified coach signs the form, the athlete will be penalized.

## 2023 National Championships Ticketing

You can now reserve tickets for the public.

[info@spsf.ch](mailto:info@spsf.ch)

[www.swisspolesportsfederation.com](http://www.swisspolesportsfederation.com)  
Swiss Pole Sports Federation (SPSF)



Only championship athletes and IPSF certified coaches do not need to be in possession of an entry ticket.

All persons listed below are required to pay an admission fee, without exception:

- Chaperone;
- Parents accompanying a minor ;
- Non IPSF certified coach;
- Featured;
- Makeup artist/hairstylist;
- Etc.

Link to the 2023 Championships ticketing: <https://etickets.infomaniak.com/shop/TOPWUnp18x/>

## Catering

The catering area is open throughout the duration of the competitions for the athletes and the public.

Foodtruck, healthy food, snacks and pancakes will be proposed.

## Accommodation in Geneva

At present, the Swiss Federation does not have any discounts for accommodation in Geneva.

## Anti-Doping

We would like to point out that **all athletes in the "Elite" division** in sports disciplines and **athletes in the "Professional" division** in artistic disciplines **must have a valid anti-doping certificate**. The validity period of the certificates is 2 years. If you have done it in 2022, it is still valid this year.

Athletes under 12 years old do not need to make this certificate!

The title of the course to be validated is: **International-Level Athletes Education Program - for Elite athletes over the age of 12**

Link : <https://adel.wada-ama.org/>

Doping controls may be organized on a random basis during the championships.