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| --- | --- | --- | --- | --- | --- |
|  | | | | | |
| **AERIAL POLE SINGLES TECHNICAL BONUS FORM** | | | | | |
| **Please complete form in order of sequence as in routine. Use additional sheets if necessary. Please use black print.** | | | | | |
| **Athlete:** | | | | | **Date:** |
| **Country:** | | **Region:** | | | **Federation:** |
| **Division:** | | **Category:** | | | **Judge:** |
| **Order** | **Bonus code** | **Bonus TV** | | **Score (judge only)** | **Notes (judge only)** |
| 1 |  |  | |  |  |
| 2 |  |  | |  |  |
| 3 |  |  | |  |  |
| 4 |  |  | |  |  |
| 5 |  |  | |  |  |
| 6 |  |  | |  |  |
| 7 |  |  | |  |  |
| 8 |  |  | |  |  |
| 9 |  |  | |  |  |
| 10 |  |  | |  |  |
| 11 |  |  | |  |  |
| 12 |  |  | |  |  |
| 13 |  |  | |  |  |
| 14 |  |  | |  |  |
| 15 |  |  | |  |  |
| **Singles bonus total (Maximum +15)** | |  | | **+** |  |
| **Overall Bonus Points (judges only)** | | | | | |
| 0 = simple, 0.5 = moderate, 1.0 =difficult, 1.5 = very difficult, 2.0 = extremely difficult | | | | | |
|  | | | | **Score (judge only)** | **Notes (judge only)** |
| Flexibility elements | | **Max +2** | |  |  |
| Strength elements | | **Max +2** | |  |  |
| Spins | | **Max +2** | |  |  |
| Pole transitions | | **Max +2** | |  |  |
| Dynamic movements/combinations | | **Max +2** | |  |  |
| Climbs | | **Max +2** | |  |  |
| **Overall bonus total (Maximum +10)** | | | | **+** |  |
| Using the aerial pole in pendulum movement | | **+1** | | **+** |  |
| Form filled in incorrectly | | **-1** | | **-** |  |
| **TOTAL** | | **Max 25** | |  |  |
| **Athletes’ signature:** | | | **Coaches signature:** | | |