

Welcome Pack, Swiss Championships 2022

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Infos

The SPSF thanks you for your participation in the Swiss Pole & Aerial Sports Championships 2022.

Stay informed by subscribing to the Instagram page @swisspolesportsfederation

Important summary

- ✓ If you do not have the mandatory official SPSF jacket, please place your order via the link below before midnight on April 15, 2022. Link : https://forms.gle/1J75qHpxbfD3dmNCA
- Paid check of Compulsory forms for athletes in Pole and Aerial Sports. Deadline for checking <u>before April 8, 2022 at midnight.</u> Link : https://ipsfpolesports.wufoo.com/forms/zi5npgx1ed6915/
- ✓ Optional Costume Check: Your costume photograph (or sketch) must be submitted <u>by March 31,</u> <u>2022 at midnight to polesports@swisspolesportsfederation.com</u>
- ✓ <u>April 24, 2022 midnight</u>, provide the final version of the compulsories Form and the Technical bonus form for athletes in Pole Sports and Aerial Sports.
- ✓ <u>April 24, 2022 midnight</u>, provide the final version of the "Technical File" form for Artistic Pole and Artistic Aerial athletes
- ✓ April 24, 2022 midnight, provide your music file in mp3 format.

WARNING, your files will not be accepted if they do not respect the points below:

Be correctly named according to the schedule



- Each document must have the same nomenclature (also music)
- Forms must be in Word (.doc or docx)
- The language of the forms must be in English.





Championship venues and stage

27-30 OCTOBER SALLE OMNISPORTS

VIEUX MOULIN

LAUSANNE, SWITZERLAND

Esplanade Sports Hall Rue de l'Argent 44 2503 Biel https://goo.gl/maps/ty1uMNL1f5WGrdSo9

- ✓ The stage corresponds to the IPSF standards
- \checkmark The surface of the stage is 9 meters long and 6 meters wide
- ✓ The space between the bars is 3 meters
- ✓ The bars are made of brass from the SUNPole brand. They have a height of 4 meters.
- ✓ The hoops are from the SUNPole brand. Size to choose 90, 95 or 100cm (outside)



Rehearsal and competition times

You will find the schedule of rehearsals and competitions on the web page.

The large number of participants made the planning difficult. Nevertheless, everything was done to allow athletes participating 2 or 3 times to compete in an adapted way.





Official dress and costume

Official dress during the 2022 championships

During the championships, <u>all IPSF-certified athletes and coaches</u> must wear the official uniform as soon as they enter the championship grounds.

All athletes and their coaches registered for the Swiss Championships must have tracksuits according to the following requirements:

- Possess the official SPSF jacket for SWISS participants. OPEN athletes must coordinate with other athletes from their country and wear the same tracksuit;
- Wear black training bottoms (leggings are not allowed);
- Wear their team/club/studio/etc. t-shirt or tank top. This must contain the team logo or name with a logo of maximum 10x10cm. A maximum of five sponsor logos may be worn on the t-shirt. The size of the logos must not exceed 10x10cm and must be smaller than the size of the team / club / school / studio logo. If you do not have a membership, you will wear a white t-shirt only.

Chaperones and coaches who are not IPSF certified are not allowed to wear the official uniform!

To order the official SPSF jacket, please indicate your size via the following link before <u>April 15, 2022</u> <u>midnight (link on the first page)</u>

Costume

Please note that the choice of your costume must meet specific criteria. Please read carefully the relevant sections in the respective regulations, depending on your participation.

You have the possibility to have your costume validated free of charge by a judge of the Swiss Championships 2019. For this, please send us a picture of it before <u>March 31, 2022 midnight</u> to the e-mail address of the championships (<u>polesports@swisspolesportsfederation.com</u>). <u>Only a photo of the costume</u> worn will be considered for an accurate opinion.

In the case of sending a sketch or written explanations about your costume, the organizers and/or judges will not be able to give you a formal answer, but only offer recommendations. In case of deduction or disqualification, the organizers and judges will have no responsibility for this decision during the weekend of the Swiss Championships 2022.

Mandatory opening ceremonies

The competition days start with an opening ceremony (parade of athletes with IPSF certified coaches).

Ceremonies are **mandatory** for all athletes participating in the day's competitions. An unjustified absence (in writing) will result in a penalty for the athlete concerned.

Information about the ceremonies will be given at the athletes' briefing on the morning of their competition day.



Mandatory elements form and technical bonuses in Pole Sports and Aerial Sports

Athletes participating in Pole Sports or Aerial Sports must return their Compulsory Form and Technical Bonus Form before <u>April 24, 2022 at midnight</u>. If the deadline is not met, the athlete will be penalized (see Points Code).

- ✓ Forms must be <u>filled in Word files (</u>.doc or .docx)
- ✓ NO forms should be submitted in PDF format.
- ✓ The language of the forms must be in English.

The Chief Judge is offering athletes a fee-based check of their mandatory forms. Any athlete wishing to benefit from this check must return the completed forms <u>before April 8, 2022 at midnight</u> via the IPSF online form.

The control fee is £5 per form. Link : <u>https://ipsfpolesports.wufoo.com/forms/zi5npqx1ed6915/</u>

Music of the performances

Please send us your final music **before April 24, 2022** midnight to the championships e-mail address (polesports@swisspolesportsfederation.com)

We remind you that only **instrumental** music is allowed in Pole Sports and Aerial Sports competitions unlike Artistic Pole and Artistic Aerial which do not have this restriction. Nevertheless, the music of Artistic Pole and Aerial also have rules to respect. We invite you to refer to the rules.

Please also comply with the regulatory time limits, depending on your category!

Coaches and Chaperones

Please note that the Chaperone is not a coach, but an adult who accompanies an athlete under the age of 18. The Chaperone position is not subject to validation through an exam, while the IPSF Certified Coach status is.

According to the official rules of the International Pole Sports Federation, only IPSF certified coaches or Chaperones may accompany athletes in the athletes' areas during the national championships.

The same applies to signing the mandatory element forms and the technical bonus form. **Only IPSF** certified coaches or Chaperones are authorized to sign the athletes' forms. If a non-certified coach signs the form, the athlete will be penalized.



2022 National Championships Ticketing

You can now reserve tickets for the public.

Only the athletes of the championships and the IPSF certified coaches do not need to be in possession of an entrance ticket.

All other persons must pay an entrance ticket :

- Chaperone ;
- Non IPSF certified coach ;
- Extra;
- Make-up artist/hairdresser
- Etc.

Link to the 2022 Championships Ticketing : <u>https://etickets.infomaniak.com/shop/NcnuAzgvKF/</u>

Catering

The catering area is open throughout the duration of the competitions for the athletes and the public.

There will be no plate service. Snacks and pancakes will be offered.

Accommodation in Biel

At present, the Swiss Federation does not have any discounts for accommodation in Biel.

Anti-Doping

Doping controls may be organized on a random basis during the championships.